



THE SOUTHPORT MAD DOG 10K RUN

SUNDAY 12th FEB 2012

UKA Affiliation Number 2662979 UKA Race Licence Number 2012-102743

Incredible Value... A fantastic run featuring...

OFFICIAL CHIP TIMING* for all entrants (by CHAMP-CHIP),
A MAD DOG 2 **MEDAL** AND A Fantastic **GOODY BAG**,
Plus (NEW for 2012) A TECHNICAL RUNNING **T-SHIRT*** (RRP £20)
Fantastic **SPOT PRIZES** for 1 in 10 runners, **WINNERS PRIZES**
1st 2nd 3rd Male & Female plus VET Category Prizes

FREE Pre & Post Race Massage, **FREE** Fresh Fruit, Showers & Changing Facilities

*NOT available for the Crazy Pups Race

RACE STARTS 10.30AM SUNDAY 12th FEB 2012

Start & Finish at Stanley High School, Southport

Entries In advance: **£19.00 NON Club Runners** - **£17.00 Club Runners** (affiliated)



Also **CRAZY PUPS RACE
FUN RUN** for under 16's
Entry fees: £5 in advance
£6 on the day (includes Goody Bag & medal)
Crazy Pups Race Starts 10am
Maximum Entrants - 200

Enter by Post (form overleaf)
or Enter Online at:
www.maddog10k.co.uk

Full details on the website

Officially UKA Measured course

ALL PROCEEDS FROM THIS RACE GO TO LOCAL CHARITIES...

ALL ENTRIES WELCOME... WHATEVER YOUR ABILITY!



Heaton's
Complete Office Solutions



ROUNDTABLE
SOUTHPORT HESKETH 1199

HIGHS
SOUTHPORT HESKETH 1199

Visiter
Southport



ORIGINAL SOURCE

UDDERLY SMOOTH



HSBC
Global Asset Management



The **co-operative**

EAT NATURAL
Simple... Isn't it?

NATIONWIDE PRODUCE PLC

maxinutrition

Ricola

GCS G. COLLIER & SONS LTD
Electrical Contractors & Service Engineers

Benson & Clark
vending services
Tasted to deliver excellence.

Schroders
INTERNATIONAL FINANCIAL SERVICES

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FINANCIAL SERVICES
Independent Financial Adviser

RUN-IT

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Tasted to deliver excellence.

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ELECTRICAL & IT SUPPORT



SOUTHPORT MAD DOG 10K ENTRY FORM

RACE STARTS 10.30AM SUNDAY 12TH FEB 2012

Entries in advance: **£19.00 NON Club Runners - £17.00 Club Runners** (affiliated)

TICK BOX for entry into the 10k (NON Club Runner): 10k (Club Runner): Crazy Pups Fun Run:

YOU CAN ALSO APPLY ONLINE AT:
www.maddog10k.co.uk

CLOSING DATE FOR POSTAL & ONLINE ENTRIES:
January 25th 2012 Maximum Entrants - 1200

PLEASE USE BLOCK CAPITALS

Dr: Mr: Mrs: Miss: Surname: First Name:

Date of Birth: / / Age on Race Day: Gender - Male: Female:

Address:

Postcode:

E-Mail:

Running Club: (if applicable) Mobile Number:

Preferred **UNISEX** T-Shirt* Size:

S: M: L: XL:

NOTE: Shirts **STRICTLY** SUBJECT TO AVAILABILITY
we will try to supply your chosen size - THIS IS NOT
A COTTON SHIRT IT IS A TECHNICAL RUNNING SHIRT

NOTE: We **MUST** have your MOBILE NUMBER
if you want your finishing time texting to you
on the day **AND** if you want to enter the spot
prize competition - **IMPORTANT!** we will not
pass your mobile number on to anybody else

I enclose a cheque payable to
"SHRT MAD DOG" to the value of:



£19.00 for NON Club Runners
£17.00 for Club Runners (affiliated)
£5.00 for Crazy Pups Runners

DECLARATION: A signed entry form will be considered as an acceptance of governing body rules and a declaration that you will compete on foot and run entirely at your own risk. NOTE: No accompanying dogs or following cycles allowed. **AGE LIMITS:** Competitors must be 16 or over to run. **NOTE:** Entry fees are non-refundable. I declare that I am an amateur by UKA laws and that I am fit to run. I do not hold the race organiser responsible for any injury or loss. I confirm that I have read the full terms & conditions of entry on the web site - www.maddog10k.co.uk

Signed: Name of parent/guardian:

(if entry for Crazy Pups runner under 16)
NOTE: Signature MUST be of parent/
guardian of Crazy Pups entrant(s).

Date: / /

IMPORTANT NOTES: Do you have any additional information that may be of interest to the race commentator? If yes, please tick here: and list on a separate sheet. If you have a medical condition or impairment that you wish to advise the race organisers of, tick here: and list in detail on a separate sheet. **DATA PROTECTION:** If you do not wish any details to be passed on to a third party, including other event related organisations such as the race photographer, tick here:

REMEMBER - SEND YOUR COMPLETED FORM DIRECT TO:
Race Director, Mad Dog 10k, Premier Wealth Management,
Premier House, Wight Moss Way, Southport, PR8 4HQ

*NOT available for the Crazy Pups Race